

# Fort Fairfield Parks and Recreation Department

## 2010 SUMMER OFFERINGS



**Registration is required for all summer recreation activities and programs!!** Parents can register their children for programs at the Fort Fairfield Swimming Pool on Monday, June 7 and Tuesday, June 8 between the hours of 9:00am and 5:00pm (some programs begin earlier and require registration prior to June 8 and 9). All program fees are to be paid during the registration period. Those programs that require fees will indicate the fee in the program description. There are a limited number of openings with some programs so please be sure to register early. For more information concerning registration for summer programs, please contact the Fort Fairfield Parks and Recreation Department at 472-3882.

**T-BALL BASEBALL** – is for boys and girls ages 6-8 as of May 1, 2010. The program will allow players to hit off a stationary tee and learn some of the basic fundamental skills of baseball. We are going to separate the boys and girls again this summer to be able to incorporate this program with the summer reading program. T-Ball for girls will be on Monday and Wednesday mornings from 9:30-10:30am. T-Ball for boys will be offered on Tuesday and Thursday mornings from 9:30-10:30am. Both programs will meet at the “Charlie Lockhart Field” located behind the Middle/High School. There is no fee for this program. T-Ball begins on Monday, June 21 and will end on Thursday, August 5. In the event of rain, the alternative site for the program will be inside at the Community Center for the week of June 21 and the week of June 28. The alternative rain location will be inside at the Elementary School gymnasium on all other days.



**MAJOR LEAGUE BASEBALL** – is for boys ages 10-12 as of May 1, 2010. This program will get underway with a practice on Friday, May 14 from 6:00-7:30pm at the “Charlie Lockhart Field” located behind the high school. The major league baseball team will play approximately 14 games this summer beginning the week of June 21 and ending the week of August 2, with most games being played at 5:30pm. Team practices will be held two or three evenings a week during the season. There will be a playoff tournament for the major league division at the end of the regular season. Games will be played on a home and away basis against teams from other towns throughout central Aroostook County. You can still register for the program by calling the Parks and Recreation Department at 472-3882.

**MINOR LEAGUE BASEBALL** – is for boys and girls ages 8-9 as of May 1, 2010.

This program will get underway with a practice on Wednesday, June 2 from 5:30-7:00pm at the FFMHS Softball field. The minor league program will begin playing games the week of June 21 and will end the season during the week of July 26. The minor league teams will play approximately 10 games with games usually being played on Tuesdays or Thursdays at 5:30pm. Games will be played against teams from Washburn, Easton, Mars Hill, Limestone, and other towns from the central Aroostook County area. The Fort team(s) will travel to the other communities for games as well as host games here in Fort Fairfield. You can still register by calling the Parks and Recreation Department at 472-3882.



**YOUTH ALL-STAR BASEBALL** – is for boys and girls ages 11-12 as of May 1, 2010. Tryouts for this team will be held in mid July. Major league coaches will inform players of exact days and times for tryouts as the program draws closer. The all-star team will play games against other teams from Aroostook County and will participate in the County Baseball Tournament to be held in Caribou the first week in August. The team will also participate in “Round Robin” tournaments held throughout the county this summer (TBA).



**PONY LEAGUE BASEBALL** – is for boys ages 13-16 as of May 1, 2010. The Pony League team will play a 10-game schedule, while participating in the Aroostook County Pony League. Practices will begin Monday, June 7 from 4:00-5:30 at the F.F.H.S. Baseball Field. Games will begin the week of June 21 and will be played on Mondays, Wednesdays, or Thursdays through the end of July. Game times on those days will usually be at 1:00pm. Interested players should contact coach John Ala or the Parks and Recreation Department (ASAP) to register for Pony League Baseball.

**BABE RUTH BASEBALL**- is for boys ages 16-18 as of May 1, 2010. If you are interested in playing baseball this summer in this program, please contact the Parks and Recreation Department and register prior to June 4. The registration fee is \$15 per player. Fort Fairfield players will be placed on a team with players from other communities and each team will compete in the summer baseball league that will get underway with games in Presque Isle starting the week of June 14. This program is being offered to allow baseball players the opportunity to continue playing ball beyond the age of 16 during the summer. If you have any questions, please contact the Fort Fairfield Parks and Recreation Department at 472-3882.

**JUNIOR GIRLS SOFTBALL** – is for girls 9-12 years of age as of May 1, 2010. The program will begin on Tuesday, June 1 with a practice from 2:45-4:15pm on the Middle School softball field. Practices will be held every Tuesday and Thursday from 2:45-4:15pm through June 18. Beginning the week of June 22, practices will be held on Monday and Wednesday mornings from 9:30-10:45am. Games will also begin the week of June 22 and will be played mostly on Tuesday and Thursday afternoons at 1:00pm. Participants in this program will participate in the NMCRA league and play against teams from other communities in Aroostook County as well as participate in “Round Robin” tournaments. The team will also play in the MPBF Tournament, the Ashland Invitational, and the County Tournament to be held in Presque Isle.

**SENIOR GIRLS SOFTBALL** – is for girls 13-16 years of age as of May 1, 2010. Participants in this program will have an opportunity to play approximately 12 games this summer against other teams from throughout the central Aroostook County area. Games will begin the week of June 21 and finish around the week of July 19. Upon registration, players will be contacted regarding the practice and game schedule for the season. For more information, contact the Parks and Recreation Department at 472-3882.

**HERSHEY TRACK & FIELD** - is for boys and girls ages 9-14 as of December 31, 2010. The age categories are 9-10, 11-12, and 13-14 with boys competing separate from girls. Practices will begin on Wednesday, June 2 from 2:45-4:00pm and will be held every Monday, Wednesday and Friday from 2:45-4:00pm at the Middle/High School track. The local meet is scheduled for Monday, June 14 from 3:00-4:15pm. The top three qualifiers in each age group (per gender) at the local meet will advance to the regional meet to be held in Caribou on Tuesday, June 22 at 10:00am. The state meet is scheduled for July 6 in Bangor. All registration for this program must be done by no later than Friday, June 11. Please contact the Parks and Recreation Department at 472-3882 for more information.

**ZUMBA FOR KIDS** – The Parks and Recreation Department is offering a “Zumba for Kids” program the week of June 21-25. Boys and girls ages 5-7 will meet at the community center gymnasium Monday through Friday from 10:00am to 11:00am while ages 8 and over will meet from 11:00am to 12:00noon. The instructor for the program will be Kim Griffeth. The cost for the week is \$5 per participant.

**CRAFTS AND STORY HOUR**- Crafts and story hour is currently being held on Wednesday afternoons from 3:30-4:30pm at the Fort Fairfield Public Library. The program is open to students of all ages and will continue through the summer. For more information or to register for crafts and story hour, please contact the library at 472-3880.

**YOUTH GOLF PROGRAM AT AVCC** - The Aroostook Valley Country Club is offering a youth golf program this summer for boys and girls ages 9-17. A.V.C.C. golf pro Steve Leitch and assistant golf pro Steve Hansen will be instructing the program with assistance from others. The youth golf program will consist of one hour instruction blocks that will be held on Tuesday and Wednesday mornings from 10:00-11:00am (U.S.), beginning on June 22. Also as part of the program, participants will have the opportunity to play 9 holes of golf each Thursday at 10:00am with supervision from a mentor, starting on June 24. Each participant enrolled in the Aroostook Valley Youth Golf Program will have golfing privileges to play at AVCC during the week and on weekends and holidays after 3:00pm. You will also have use of a set of golf clubs each time you play if you do not already have your own. To register for the youth golf program, please contact A.V.C.C. at 476-8083. The cost for the entire ten week program is \$50 and is payable to A.V.C.C.. Registration is limited to the first 50 to sign up, so don't hesitate. For more information concerning this program, contact Aroostook Valley Country Club or the Parks and Recreation Department at 472-3882.



**TENNIS LESSONS** – are for individuals 8 years of age and over. Lessons for intermediate level (player has a basic understanding of the game) will be held on Monday and Wednesday mornings from 8:30-9:15am beginning June 28 and ending July 28. Lessons for beginners (player has little or no playing experience) will be held on Tuesday and Thursday mornings from 8:30-9:15am beginning on June 29 and ending July 29. Lessons are held at the tennis courts next to the swimming pool. There is no cost to participate.

**TIGER BASKETBALL CAMPS** – are for boys and girls of all playing abilities who are presently in grades 1-8. The camp's objective is to provide the best possible instruction to all players by teaching the fundamentals of the game at the various levels in the manner of good sportsmanship and safety. The boy's camp will be held the week of June 21-25, with the girl's camp being held the week of June 28-July 1 from 8:00am-4:30pm each day. The registration fee for each camp is \$110 per week, which includes breakfast and lunch every day along with a free T-shirt and basketball for each participant. The camps are limited to the first 150 applicants to register for each camp. Please contact Larry Gardner for registration information at 473-4055.



**YOUTH SOCCER LEAGUE** – is for boys and girls entering grades 4, 5, and 6 next school year. The emphasis of the program is on skill development and team play. The program will begin on Monday, August 16 with a clinic on soccer fundamentals being conducted from 9:00-10:30am at the F.F.H.S. boys soccer field. The program will continue on Mondays and Wednesdays from 9:00-10:30am until school begins on August 25 and then the program will change to Monday and Wednesday afternoons from 3:00-4:30pm on the small soccer field in front of the Elementary School. Beginning on Friday, August 27 practice will be held each Friday from 3:00-4:30pm for any youth soccer players who want to play on the Fort Fairfield Travel Soccer team which will be participating in “Aroostook County Round Robin Soccer Tournaments” on Saturdays starting in September. You can register your child for this program during the summer registration on June 7 and 8 or registration forms will be handed out later at the schools on Thursday, August 26.

**PEE WEE SOCCER** – is for boys and girls entering grades 2 and 3 next school year. The emphasis of the program is on skill development. The program will begin on Tuesday, August 31 and will be held every Tuesday and Thursday afternoon from 3:00-4:15pm on the small soccer field located in front of the Elementary School. You can register your child for this program during summer registration on June 7 and 8 or registration forms will be handed out at school on Thursday, August 26.



**COUNTY UNITED SOCCER CAMP** – is for boys and girls entering grades Pre K-12. The camp will be held at the Fort Fairfield Athletic Complex the week of July 5-9. The schedule will be as follows: grades Pre K-K from 9:00-10:30am; grades 1 & 2 from 9:00-10:30am; grades 3&4 from 11:30am-1:30pm; grades 5-7 from 1:30-3:30pm; and grades 8-12 from 6:00-8:00pm. The registration fee is \$30 for grades K-2 and \$40 for all other age groups. Please contact Kerrie Alley for registration information at 551-8052 or [kalley@msad20.org](mailto:kalley@msad20.org) or John Ala at [jala@masd20.org](mailto:jala@masd20.org)

**FUN DAY OF FISHING** – The Frontier Fish and Game Club is sponsoring a “fun day of fishing” at Monson’s Pond on Saturday, June 12. The day starts off with breakfast being served at the clubhouse from 6:30-9:00am (\$5 per person). Registration for fishing begins at 8:30am at the clubhouse (free to register). At approximately 11:30am there will be a free barbecue of hamburgers hotdogs and soft drinks for all those who registered for fishing. Everyone is reminded to abide by all fishing and boating regulations while participating in this event. For more information, contact E.J. Dorsey or Sean Bernard.



# MUNICIPAL SWIMMING POOL

The pool will be open from Wednesday, June 16<sup>th</sup> through Tuesday, August 24<sup>th</sup>.

## GENERAL SWIM HOURS

### Every Day

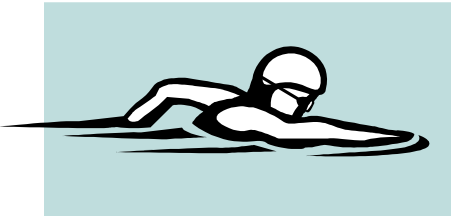
1:00-4:00

6:00-8:00

### The pool will be closed on the following dates:

Tuesday, July 13 <sup>th</sup> .....5:00pm-close	Preparation for Potato Blossom Swim Meet
Wednesday, July 14 <sup>th</sup> .....All day	Potato Blossom Swim Meet
Friday, July 16 <sup>th</sup> .....5:00pm-close	Festival Activities
Saturday, July 17 <sup>th</sup> .....All day	Festival Activities & Parade

**SWIM TEAM** – is for boys and girls up to 18 years of age as of May 1, 2008. Practices will begin on June 21<sup>st</sup> and will be held every Monday, Tuesday, Thursday and Friday from 4:00-5:00pm throughout the month of July. The swim meet schedule consists of competitive meets held on Wednesdays during the month of July and ends with the County Championship in Presque Isle. A schedule of practices and meets will be made available to team members during the first week of practice



**SWIM LESSONS** – are available to boys and girls 18 years of age and under. Lessons follow pre-set guidelines established by the American Red Cross. Classes are held Monday through Thursday (no Friday lessons). There will be two sessions this year. Parents can sign up a child for either session or you can sign them up to participate in both sessions. There is a class limit of 8-10 students so please try to register early for either session. The registration fee is \$5 per student (due at time of registration), which goes to the American Red

Cross. We are an authorized provider of the American Red Cross.

\*Swim lesson schedules are subject to change based on enrollment

<b>Session One – July 6<sup>th</sup> – July 29<sup>th</sup></b>	<b>Mon –Thurs</b>	<b>Session Two – August 2<sup>nd</sup> – August 19<sup>th</sup></b>	<b>Mon-Thurs</b>
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Learn to Swim IV, V & VI.....	9:15-9:55	Learn to Swim IV, V & VI.....	10:00-10:40
Learn to Swim I, II, & III.....	10:00-10:40	Learn to Swim I & Parent/Child.....	10:45-11:25
Learn to Swim II, III & IV.....	10:45-11:25	Learn to Swim II & III.....	11:30-12:00
Learn to Swim I & II.....	11:30-12:05		
Learn to Swim I & Parent/Child.....	12:15-12:45		

**\*There will be no lessons on Monday, July 5<sup>th</sup> in observance of the 4<sup>th</sup> of July holiday.**

**LAP SWIM** – is time reserved for those looking to use the pool for exercise purposes and is open for adult exercise and lap swimming only.

**Tuesday & Thursday.....** 7:00-8:00am

**Saturday & Sunday.....** 4:00-5:00pm

**ADULT LESSONS** – are available upon request. Please contact Jacquie Martin at 540.6901 to make arrangements.

# 21<sup>st</sup> CENTURY OUTDOOR ADVENTURE PROGRAMS

We are proud to announce the beginning of many **NEW PROGRAMS** for all age levels in our summer schedule this summer! Please read program descriptions carefully as many have changed. There are different programs happening at many different times with some overlap.

- **All camps are designated for students who are entering the specified grade in the fall of 2010.**
- **All camps take place Monday through Thursday of specified weeks. (There will be no programs on Monday, July 5<sup>th</sup> in observance of Independence Day.)**
- **Camps are \$10 per week per camp. Fees are due at time of registration.**
- **Transportation is the responsibility of parents/guardians. Participants will meet their instructors in the Elementary School Cafeteria for all programs unless otherwise specified.**
- **Parents/guardians will be asked to sign out participants at the end of each program.**

If you have a question as to the schedule and/or your child's ability to participate in multiple camps, please contact Jacquie Martin at 540.6901.

**Little Critters ½ Day Camp (entering grades 1-3)** – The program for younger youth features wilderness exploration, nature arts and crafts, and fun-filled outdoor games. Participants must wear sturdy running shoes or hiking boots. Participants must bring shoes that can get wet, a towel, a change of clothes, a rain jacket, hat, sunscreen and water bottle. This camp runs for 4 weeks.

Entering grades 1-3                      July 6<sup>th</sup> – July 29<sup>th</sup>                      12:15-3:15                      Elementary Cafeteria

**Sun & Fun ½ Day Camp (entering grades 4-6)** – This program will feature hiking, camp crafts, outdoor games, wilderness exploration, navigation and field trips. Participants must wear sturdy running shoes or hiking boots. Participants must bring shoes that can get wet, a towel, a change of clothes, a rain jacket, hat, sunscreen and water bottle. Those wishing to take part in other adventure camps such as Waterway Explorers or Nordic Heritage Experience can sign up for just a few weeks of the program to accommodate the schedule. This camp runs for 4 weeks.

Entering grades 4-6                      July 6<sup>th</sup> – July 29<sup>th</sup>                      12:15-3:15                      Elementary Cafeteria

**Waterways Explorers (entering grades 4-6)** – Explore Trafton Lake, Munson Pond and the Aroostook River from a kayak or canoe and enjoy water safety, paddling skills, fun filled waterfront games and challenges. Participants must wear a bathing suit and shoes for the water and bring a towel, a change of clothes, rain jacket, hat, sunscreen, and water bottle. All other equipment is supplied. This camp runs for 2 weeks.

Entering grades 4-6                      July 6<sup>th</sup> – 15<sup>th</sup>                      12:15-3:15                      Elementary Cafeteria



**Extreme Mountain Biking (entering grades 7-10)**– Join Mr. Mark as you learn the trail system at the Nordic Heritage Center and challenge yourself with lots of time in the terrain park in order to improve your skills on a mountain bike. Learn to maintain your own bike and do minor repairs. Participants must wear clothing and running shoes for biking and must bring a biking helmet (if available), rain jacket, hat, sunscreen and water bottle. Mountain bikes will be supplied. This camp runs for 2 weeks.

Entering grades 7-10                      July 6<sup>th</sup> – July 15<sup>th</sup>                      12:15-3:15                      Elementary Cafeteria



**Nordic Heritage Experience (entering grades 4-6)** – Make the most of the local venue where world-class athletes train. Spend two weeks hiking some trails, try your skill in mountain biking in the trail system and use GPS's to find geocaches along the way! Participants must wear clothing and running shoes for biking and must bring a biking helmet (if available), rain jacket, hat, sunscreen and water bottle. Mountain bikes will be supplied. This camp runs for 2 weeks.

Entering grades 4-6                      July 19<sup>th</sup> – July 29<sup>th</sup>                      12:15-3:15                      Elementary Cafeteria

**Community Challenge (entering grades 7-9)** – Come join Miss. Ashley in our Community Challenge to give back to the Town of Fort Fairfield. Have you ever wondered how our food pantry operates, or wanted to plant flowers around town? These are just a couple activities you can take part in, for a fun and rewarding week of community service projects that you will have the opportunity to plan and implement. This camp runs for 1 week.

Entering grades 7-9	July 26 <sup>th</sup> – 29 <sup>th</sup>	12:15-3:15	Elementary Cafeteria
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**Lego Robotics (entering grades 6-9)** – Have you ever wanted to see how fast a robot can move, or how far it can throw a ping-pong ball? This camp will have you designing robots, building them with Legos and working with your apple laptops to program them. Bring your imagination and get ready to create and compete. This camp runs for 2 weeks.

Entering grades 6-9	July 12 <sup>th</sup> – 22 <sup>nd</sup>	1:00-4:00	High School Lobby
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**Drama Camp (entering grades 6-9) (entering grades 2-5)** – Calling all thespians, budding actors and actresses!! Work on your acting skills while participating in improvisation, creative drama and theatre while learning to develop props and set decorations. Meet Mrs. Karen Wark in the Elementary School cafeteria to begin work on your play. This camp runs for 2 weeks. Students in the August camp will need to pack their own lunch as the summer lunch program will only be open in July.



Entering grades 6-9	July 12 <sup>th</sup> – 22 <sup>nd</sup>	9:00-1:00	Elementary Cafeteria
Entering grades 2-5	August 2 <sup>nd</sup> -12 <sup>th</sup>	10:00-1:30	Elementary Cafeteria

**Roller Skiing Camp (entering grades 7-12) (entering grades 4-6)** – Wish you could ski in the summer? There's good news...you can! We're lucky to have MWSC athlete Meagan Toussaint working with students of a variety of ages from Fort Fairfield to ski and participate in biathlon activities. The afternoons will be full of races, relays, challenges, training and sessions on personal health and wellness activities. Don't miss this opportunity to spend time with Meagan and other MWSC athletes to help you stay on skis this summer! The cost for older youth is \$30, younger youth is \$20. This camp runs for 2 or 3 weeks, depending on age.

Entering grades 7-12	July 6 <sup>th</sup> – 22 <sup>nd</sup>	12:15-3:15	Elementary Cafeteria
Entering grades 4-6	August 2 <sup>nd</sup> -12 <sup>th</sup>	1:30-3:30	*Nordic Heritage Center

**All About Me** – a continuation of the recently started school-year program for girls will be facilitated by Mrs. Angela Williams and will be fashioned around the same themes. Details are still in the works, but be on the look-out for more information coming your way.

## OTHER COMMUNITY RECREATION ACTIVITIES

Here is a list of dates and times for other recreational activities being held throughout the summer.

**MPBF Junior Girls Softball Tournament** – The tournament will be held on Tuesday, July 13 (Wed., July 14 if necessary) beginning at 8:30am. All games are played at the Fort Fairfield Athletic Complex at the Middle/High School.

**MPBF Senior Girls Softball Tournament** – The tournament will be held on Tuesday, July 13 beginning at 8:30am. All games are played at the Fort Fairfield Athletic Complex at the Middle/High School.

**MPBF Swim Meet** –The swim meet will be held on Wednesday, July 14 beginning at 9:00am at the Fort Fairfield Municipal Swimming Pool.

**MPBF 3 ON 3 BASKETBALL TOURNAMENT** – is for individuals ages 16 and older. The double elimination event will be held on Tuesday, July 13 at the Fort Fairfield Community Center starting at 6:00pm. The entry fee is \$40 per team. Teams can register by contacting the parks and recreation department at 472-3882.

**MPBF 5 Miler Road Race** –The race/walk will be on Saturday, July 17. Registration is at 7:30am across from Hillside IGA on Main Street. Walkers start at 8:30am, runners at 9:00am. The cost is \$15.

**MPBF Regatta On The Aroostook** – The “Regatta on the Aroostook” for canoes and kayaks (no motors) will be held Saturday, July 17 (rain date July 18). Registration for the six mile event is from 3:00-4:45pm with the start of the event getting underway at 5:00pm. Registration and the start will be at Forbes Gravel Pit located six miles north of Fort Fairfield on Route 161 on the Caribou/Fort Fairfield town line. The event ends at the public boat landing in Fort Fairfield. The cost is \$10.

**MPBF 25 Mile Bicycle Race** – The bike race will be held on Sunday, July 18. Registration begins at 8:00am at the Fort Fairfield Community Center. The 25 mile event starts at 10:00am in front of the block house. The youth events begin at 11:30am in the parking lot beside FFHS. The cost is \$15 for adults and \$5 for youth.

**MPBF Triathlon** – The triathlon will be held on Saturday and Sunday, July 17 And 18. This event is actually a combination of an individuals overall times from the MPBF 5 Miler Road Race, the MPBF Regatta on the Aroostook, and the MPBF 25 Mile Bike Race, to determine the overall triathlon champion for both male and female participants.

**Trail Run & Mountain Bike Ride** – On Saturday, June 12 there will be a 5 kilometer trail run and a 10 kilometer mountain bike ride at the Nordic Heritage Center. Registration begins at 8:30am in the main lodge. The running event begins at 10:00am with the mountain bike event getting underway at 12:00noon followed by a bar-b-q at 1:00pm. Participants can register for one or for both events. The cost is a donation to the Nordic heritage Sport Club.

**Youth Mountain Bike Program** – Starting on Monday, June 21 there will be a youth mountain bike program on Monday evenings from 6:00-7:30pm at the Nordic Heritage Center for boys and girls ages 8-14. The program will be held every Monday night through August 9 and is free to all participants. There are a limited number of mountain bikes available for rent at \$5 per evening, if you do not already have your own mountain bike. For more information or to register, contact Mike Smith at Maine Winter Sports Center 227-0250.

**Group Mountain Bike Rides** – Group mountain bike rides are held at the Nordic Heritage Center every Monday and Wednesday evening from 6:00-7:30pm through October. Monday evening rides are for intermediate riders and will meet at the trailhead located at the mouth of the driveway to the Nordic Heritage Center. Wednesday evening rides are for riders of all abilities and begin at the Nordic Heritage Welcome Center located in the main parking lot. There is no cost to participate, just bring your bike and be ready to ride.

**Fat Tire Festival** – The Nordic Heritage Sport Club will be hosting the annual “Fat Tire Festival” for mountain bikers at the Nordic Heritage Center on Saturday and Sunday, July 31 and August 1. Two days of events, games and activities will be held for biking enthusiasts of all ages and abilities. A complete schedule of events will be forthcoming as the festival approaches.

**FORT FAIRFIELD  
PARKS AND RECREATION DEPARTMENT  
SUMMER PROGRAM REGISTRATION FORM**

NAME \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_ GRADE FALL 2010 \_\_\_\_\_ GENDER \_\_\_\_\_

HOME PHONE # \_\_\_\_\_ EMERGENCY PHONE # \_\_\_\_\_

ADDRESS \_\_\_\_\_

FATHER'S NAME(printed) \_\_\_\_\_ PHONE # \_\_\_\_\_

MOTHER'S NAME(printed) \_\_\_\_\_ PHONE # \_\_\_\_\_

HEALTH INSURANCE \_\_\_\_\_ POLICY/GROUP NO \_\_\_\_\_

ALLERGIES \_\_\_ NO \_\_\_ YES, PLEASE LIST ALL FOOD & MEDICATION ALLERGIES: \_\_\_\_\_

LIST MEDICATIONS \_\_\_\_\_

OTHER MEDICAL CONCERNS \_\_\_\_\_

**PARTICIPANTS, PARENTS OR GUARDIANS PLEASE READ CAREFULLY:**

I (the participant), or the parents or guardians of the above named participant, hereby give my/our approval for participation in the above-mentioned program, knowing that participation in this program may cause serious injury or even death to the participant. I assume all risks incidental to such participation, and hereby release, absolve, and indemnify, and agree to hold blameless, the Town of Fort Fairfield, the Fort Fairfield Parks and Recreation Department, MSAD#20, the organizers, sponsors, participants, supervisors, volunteers, or the person or organization responsible for transportation during the above mentioned program. I/we give permission for photographs to be taken of the participant for program newsletters and publications. I give permission for the participant to be treated by any physician at any medical facility that is available in case of an emergency. My/our signature below is verification that I/we understand and agree to the contents of this paragraph.

FATHER'S SIGNATURE (If under 18) \_\_\_\_\_ DATE \_\_\_\_\_

or

MOTHER'S SIGNATURE (If under 18) \_\_\_\_\_ DATE \_\_\_\_\_

**PROGRAM(S) SIGN UP**

Program(s)	Date	Fee
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____

10. \_\_\_\_\_